



**MDA
NEWSLINE**

MARYLAND DRESSAGE ASSOCIATION, INC

President's Posting
January/February 2009

Being president gives me a broad view of the inner workings of the club. Part of MDA's mission states that our purpose is to "encourage, promote, educate and participate in the art of classical dressage on a local, state and national level" and to "provide a means of association for those interested in the art of dressage." I believe that we are in a large way meeting our mission statement, as proved in the vitality I witness within MDA's dressage community. Our shows fill and the myriad of local instructors are compelled by demand to juggle busy lesson schedules. I have seen many friendships develop in this pursuit of perfection in the art of dressage. Our finances are healthy. Volunteerism is strong.

THANK YOU to everyone who gives even two hours to a show, event or administrative duties. While many organizations struggle to find volunteers, MDA seems to attract them. Blitzes asking for volunteers are always hitting your 'in-boxes.' I hope you do not mind this; I like to keep you all informed so that you can participate if you choose to. This year's expo volunteer openings were almost all filled in the first two weeks of December. Running MDA's booth at the Expo for 4 days takes on average 175 volunteer hours and the average schooling show needs 72 hours of volunteer time for the day of the show. MDA's Licensed show takes a staggering 250 volunteer hours for just the three days! I am giving you these figures to say *hats off to all of you*—YOU are making all this happen! In return, MDA will once again host 11 schooling shows and one USEF and USDF licensed show in 2009.

We will watch our finances closely to ensure we remain financially stable. I am one of those frugal extremists—I keep the purse strings tight in many areas. However, my hope is that MDA can once again offer a clinic or two at reduced cost to members. This endeavor is not from my frugal side; I just know that your money spent on your education is one of the best way to give back to members and volunteers. Thank you to everyone who receives this Newsline electronically. Only 14 hard copies are now mailed, and this saves the club \$200.00 per issue.

Thank you to everyone who participates in the Mill's 1% to your favorite club plan. Once again MDA earned \$500.00 plus dollars. We use this money to buy items for the silent auction, where you are encouraged to find a bargain.

MDA's 2008 show year was wrapped up last weekend with our annual Awards Banquet. Inside you will find our winners. Congratulations to every one of you. Thank you to everyone who helped run the banquet. Awards Chair—Mary Butler, reservations—Brenda Selby, silent auction—Debra English and Jill Blackburn, power point—Erica Degele and scholarships—Marie Burns. Thank you to our sponsors: Stabemart, The Mill, Caught By A Flash Photography, Lawrence Farm, Jack Straw farm, Black Horse Embroidery, and McCormick Spices.

May your rides be productive and warm this winter, Jill Blackburn

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CLUB NEWS



CONDOLENCES TO:

Janet Knox for the passing of her beloved horse Augie.

CONGRATULATIONS TO:

Aime Morrill and Clark's Dusty Baily for their 2nd Place finish in the "In Search of America's Next Dancing Dressage Star".

Brianne Conway on her recent engagement to Jeremy Reynolds.

Lauren Comish on her engagement to Dean Sumwalt.

January

15, 16, 17, 18 Maryland Horse expo Timonium Fair Grounds For more information and to volunteer, email Carol Bossone at carol.bossone@us.army.mil

February

10-MDA Board meeting 7:30 PM Centre United Meth. Church, 2409 Rocks Rd Forest Hill Md 21050

March

10-MDA Board meeting 7:30 PM Centre United Meth. Church, 2409 Rocks Rd Forest Hill Md 21050

Dressage Tests. <http://www.dressage.net.au/natestdia.html#traintests> Thumbs up on this site. Each test shows diagrams of every movement and offers the test written for callers.

Awards Banquet Sponsors

The Mill - The Mill's has worked out a nice way to give back to all the clubs in the area. All the local horse, dog, cat bird, garden and farm clubs as well as all the 4-H clubs and the Farm Fair are supported through this equal opportunity Club Fund Raiser Plan. They donate 1% of your purchase to the club you designate.

Stablemart— Donated a \$75.00 gift certificate to MDA's Instructor of the Year. As well as gave MDA good buys on all of our awards. Visit their store and on 851 next to Rutter's connivance store just past New Freedom PA on Middle Town Rd. www.stablemart.com

Caught By A Flash Photography—Donated a photo session valued at \$150.00
www.caughtbyflash.com

Black Horse Embroidery— Donated an embroidered saddle pad. They supply items or can custom Embroider your item. 410-692-6313

Lawrence Farm -Donated a round hay bale. Boarding and Hay Sales, Whiteford, MD 410-598-4445

Jack Straw Farm -Savannah Shaul - Head Show Groom, White Hall, MD - Donated black blanket with horse heads embroidered on it & a helmet cover 410-692-9291 Boarding and Organic Freezer Beef Sales - www.jackstrawfarm.com

NEWSLINE *We are looking for your creativity! This year we awarded \$10.00 gift certificate to Dover tack.* Members are welcome to submit articles to be published in MDA's Newsline. Electronic submission is preferred. MDA offers writing awards in numerous categories. All submissions for the Newsline and or MDA's web site will automatically be judged for awards. You can learn more about MDA's writing awards by referring to your MDA Omnibus. Please send submissions to philjill@juno.com or by mailing to the address on the back of the NEWSLINE. The NEWSLINE reserves the right to reject or edit material.

"This organization is a USDF Group Member Organization and its members are automatically USDF Group Members"



CONVERSATIONS WITH A VETERINARIAN

By Dr. Carol Bossone DVM

A “belly-ache”

At some point in life either you or someone you know may have experienced an ulcer. Ulcers can be related to stresses at work, or other personal events. Your horse can also develop ulcers. What may not seem stressful to you may feel like a life threatening event to your horse. Your horse has a simpler view of life and the stresses of training, traveling, showing and other changes to his/her routine can potentially cause ulcers. The occurrence of ulcers in working horses can range from 10% for a pleasure horse, to 60-90% in a Thoroughbred race horse. An ulcer can develop in as little as 4-5 days (e.g. a 4-6 hr travel to board/show/train for a few days and then return). Unfortunately, it may take up to 6 weeks or longer to resolve. In this article I'll outline the physiology of the ulcer and discuss treatments and preventive measures.

Horses are monogastric (simple stomachs) and the equine stomach is divided into a distinct nonglandular and glandular region separated by a “margo plicatus”. The gastric glands of the stomach secrete pepsinogen (via peptic cells) and hydrochloric acid (HCl via oxynotic cells). The pepsinogen is catalyzed by HCl into pepsin which starts the digestion of protein. Several other secretory substances are also important in digestion and include ions (hydrogen, sodium, potassium, chloride) and gastrin. The ions are important in creating cellular “pumps” that trigger the gastric secretions, while gastrin, a hormone triggers the release of hydrogen and pepsinogen. Neuronal and other hormonal factors are also important in releasing messengers like histamine-H1 and H2 that cause low pH and aid digestion. Although many of these components are necessary for digestion, the resulting low gastric pH (about 2-3) generated through these chemical reactions is very acidic. At this pH level, the gastric mucosa and cells lining the stomach are easily damaged and eroded. Luckily the stomach has other cells lining its wall, mucus and parietal cells, which act to protect the lining and other messengers (some prostaglandins) that have protective factors. Mucus cells release a thin layer of (you guessed it) mucus and parietal cells release bicarbonate (a base) that neutralizes the acid.

The pathophysiology involved in ulcer formation during stress is multifactorial and can often be undetected initially but the end result is a disruption of the processes involved in the protective mechanisms I described above. Other important causes involved in ulcers include frequent use of some nonsteroidal anti-inflammatory drugs (e.g. bute inhibits certain protective prostaglandins) and certain feeds (e.g. high energy concentrates produce volatile-low pH fatty acids). Symptoms seen in a horse with ulcers can be as subtle as “a bit off feed”, to recurrent colic signs, decrease performance, and poor weight. Untreated ulcers can perforate resulting in severe colic and peritonitis. Treatment regimens have been designed from numerous studies. For example, by using a gastric acid pump inhibitor (omeprazole-GastroGard, or UlcerGard- a lower non prescription omeprazole product) the pH of the stomach can be increased to a less acidic level and thereby promote healing. Other treatments include sucralfate (adheres to the stomach wall in an acidic environment protecting the lining), cimetidine or ranitidine (H2 receptor antagonists). The best diagnostic tool in determining if your horse has ulcers is endoscopy and your veterinarian can then prescribe the proper treatment.

Prevention is key to decreasing the incidence of ulcers and keeping your horse in good digestive health. Diets high in calcium and protein (e.g. alfalfa) may protect the stomach from acid damage. Minimize stresses as much as possible to include regular schedules on feeding (and include more forage less grains); turnout and daily activity and your horse will remain in top performance.

Answer to last (2) month's question: Can your horse get H5N1 avian influenza?

This virus is a Group A influenza that typically affects man, horses, birds and pigs. Currently there have been on reports of this strain of virus in horses however the potential does exist.

Maryland Dressage Association

2008

Year End High Score Awards

Congratulations Young Riders

USDF Intro Level

Champion Anna Conetta and Raven 66.9 %
Reserve Champion Barbara Henschel and Country Bumpkin 63.3%
3rd Hanna Conway and Country Bumpkin 60 %

Training Level A (Tests 1 & 2)

Champion Anne Matthews and Fidlin Star 68.2 %
Reserve Champion Elizabeth Laundas and Fox Trot 66.155
3rd Anna Conetta and Hot Rod 65.477%
4th Elizabeth Laundas and Feiner Flash 57.32%

Training Level B (Tests 3 & 4)

Champion Anna Conetta and Say Casper 64.08%

First Level B (Tests 3 & 4)

Champion Anna Schmitt and Liam 64.034%
Reserve Champion Mateja Zandis 59.168 %

Second Level B (Tests 3 & 4)

Champion Erin Spencer and Silver King 62.825%

Young Rider Achievement Medals

Gold Medal

Anna Conetta 2
Anna Matthews
Elizabeth Laundas

Silver Medal

Barbara Henschel
Hanna Conway
Anna Conetta
Anna Schmitt
Erin Spencer

Bronze Medal

Elizabeth Laundas
Mateja Zandis

Maryland Dressage Association
2008
Year End High Score Awards

Congratulations Adults

USDF Intro Level

Champion Aime Morrill and Nutmeg 73.4%
Reserve Champion Marie Burns and Hot Rod 71.8%
3rd Lauren Comish and Odin's Raven 69%
4th Debra English and Rich Amber 68.5%
5th Brenda Selby and Brio 62.9%

Training Level A (Tests 1 & 2)

Champion Carol Bossone and Onyx 71.494%
Reserve Champion Jody Bayliss and Moose 57.832%

Training Level B (Tests 3 & 4)

Champion Toni Over and Bel Sole 66.8%
Reserve Champion Jacqueline Caldwell and Logan's Cloud of Dreams 60.2%
3rd Brianne Conway and Feiner Flash

First Level A (Tests 1 & 2)

Champion Scott Nickel and Personal Boy 67.166%
Reserve Champion Leslie Ann Kline and Leap of Faith 64.644%

Second Level A (Tests 1 & 2)

Champion Logan Mackbubin and Plu Perfect 63.063

Third Level

Champion Holly Van Sant and Favorite Son 59.401%

Adult Rider Achievement Medals

Gold Medals

Aime Morrill
Marie Burns
Lauren Comish
Debra English
Carol Bossone
Scott Nickel
Toni Over

Silver Medal

Brenda Selby
Jennifer Allen
Jacqueline Caldwell
Leslie Ann Kline
Logan Mackbubin
Holly Van Sant

Bronze Medal

Brianne Conway
Jodi Bayliss

Maryland Dressage Association

2008

CONGRATULATIONS

Instructor of the Year

Claudia Kleinsmith
Winner with 40 points

Joyce B Broccolino Memorial Scholarship of \$300.00

Lauren Comish

Caitlin Ben Dror Memorial Education Grant Winners

\$300.00 to each person

ADULTS:

Scott Nickel 31.279 Total Score
Carol Bossone 30.441 Total Score

YOUNG RIDERS:

Anna Conetta 28.560 Total Score
Logan Mackubin 27.025 Total Score

Big Mack Memorial

Given to the highest scoring Training Level B horse

Winner

Bel Sole and Toni Over

Penny Lane Memorial

Given to the highest averaging First Level horse.

Personal Boy and Scott Nickel

President's Unsung Heroes Award

Lauren Comish and Jean Bosley

And EVERYONE who helps even if it is the smallest of tasks!
Each moment of your time you give makes our local Dressage club breathe!

Maryland Dressage Association

2008 Writing Awards

About Our Judge

Lyn Ridings Smith is a former School Sister of Notre Dame and a graduate of the College of Notre Dame of Maryland. As a teacher of grades 1 through 12, poetry and creative writing were among the subjects she taught. She is currently a substitute teacher at Liberty Christian School. Lyn has traveled extensively, having visited over 15 countries, and presently resides in Eldersburg, Maryland with her husband, Joseph, who recently retired from Evapco, Inc as Director of International Operations.

The Winners Are:

Young Riders Column/Article

2007 Young Rider Team Championship - Sarah Brooks

Humorous Article

The Bay Gelding and Tigger Too - Carol Bossone, DVM

Topic of Interest To MDA

Dressage Books and Your Public Library - Jill Blackburn
Honorary Lifetime Membership Award and Plaque - Tracey Hurline
President's Posting (Jan/Feb 2008 Issue)

Educational Article

Understanding Your Role In Wound Care Management - Carol Bossone, DVM
On The "Fly" - Carol Bossone, DVM
Hydration and Riding In Hot Weather - Susan Peterson

Announcement or Promotion of Show, Clinic or Other MDA Event

Dressage/Pilates Clinic with Janice Dulak - Jill Blackburn
Maryland Horse World Expo - Jill Blackburn
Christian Bachinger of The Spanish Riding School - Melanie Adams

Solicitation of Help or Participation in MDA Event

President's Posting (2008 issue) - Jill Blackburn

Review/Recap of Show, Clinic, or Other MDA Event

Notes from the USDF Clinic with Jane Savioe - Jill Blackburn
Highlights from The Barbara Strawson Clinic - Jill Blackburn

Maryland Dressage Association Show Schedule for 2009

Saturday, May 2, 2009: (Open) Petticoats Advance Schooling Show

Saturday May 16, 2009: (Open) Olney Farm Schooling Show Joppa, MD

Sunday, May 23 , 2009: (Open) Ships Quarters Schooling Show, Westminster, MD.

Sunday, June 7, 2009: (Open) Olney Farm Schooling Show Joppa, MD

Saturday & Sunday, June 20-21, 2009 Heavenly Waters Equestrian Center, Bel Air, MD
(USEF/USDF Licensed Show)

Saturday, July 11, 2009: New Covert Farm Schooling Show, White Hall, MD.

Sunday, August 2, 2009: (Open), Liberty View Farm Schooling Show, Finksburg, MD.

Saturday, August 22, 2009: Winter Wind Farm Schooling Show, Churchville, MD.

Saturday, September 5, 2009: Petticoats Advance Schooling Show, Upperco, MD.

Saturday, September 12, 2009: (Open) Chreglia Manor, Delta, PA.

Sunday, September 20, 2009: (Open) Ships Quarters, Westminster, MD

Sunday, October 11, 2009: (Open /Finals) Heavenly Waters Eq. Center, Bel Air, MD.

MDA Officers

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Committee Members

Auditing

open

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Mary Butler
(410)-239-6109

Life Time Achievement
Susan Brooks

Banquet

Brenda Selby

Clinics/programs

Chair-Jill Blackburn
Committee members
Open positions

Financial

Sue Van Norm

Historical

Kathy Plummer

Horse Expo

Carol Bossone

Hospitality

Open

J.B.B. scholarship Chair

Mary Butler

Job Descriptions

Linda Elliott

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President

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President

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Nominating*

Jean Bosley,
Judi Provencal,
Marylin Mcfadin

Property

Jill Blackburn
Linda Seybold
(410)-734-4484

Omnibus

Board

Public Relations

Paula Bollinger
443-804-7633

Recognized Show

Jill Blackburn

Scholarships

Marie Burns

Schooling Shows

Chair—Lauren Comish443-504-5894

Committee members

Linda Seybold ribbons/tests

Silent Auction

Debra English

Web Committee

Linda Elliott

Work Credits

Writing Awards

Linda Elliott

Maryland Dressage Association 2009 Membership Form

Please print clearly

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIPCODE _____

PHONE _____ E-MAIL _____ To receive up to date info!

() Check if changes have occurred () Check if new member

Horse/Rider combination/s that may be shown this year under this membership:

Individual MEMBERSHIP, please check off

____ Senior \$35.00 _____ Lifetime \$375.00

____ Junior \$30.00 (Include Birthdate _____) _____ Supporting Member \$17.00**

Supporting Members do not receive USDF Magazine

____ Family \$35.00 for Primary and \$17 for each additional person.

Primary Family Member please fill out information at top.

List additional family members under 21 years of age and under. Rider Supporter.

**Supporting members are supporting members only, and for insurance purposes need to upgrade their membership if they want to ride at clinics and shows.

Membership Fee includes dues for Group Membership in the United States Dressage Federation. If you are already a member, request your refund directly from the USDF.

Note: It is the members responsibility to notify Carol Forman of any changes to address, Phone number and e-mail. Please notify Jill Blackburn of any changes to Email address. Email is the best way to stay informed.

Please make checks payable to MDA, INC. and mail to: Carol Foreman 6712 Lewis Road Baldwin, Md. 21013

- 1. Membership year for MDA runs from January 1 to December 31.
2. USDF Group membership year runs from December 1 to November 30 of each year.
3. In order to compensate MDA members who renew their membership after October 1st, membership received after this date will be considered renewed for the 2009 Maryland Dressage Association year. When you join MDA you will become a Group Member of the USDF. Please plan a head and allow 6 to 8 weeks for your membership application to process from MDA to USDF. Also be aware that USDF will not let GMO's send them new memberships rosters after Sept 1 and before Nov 30th.

WORK CREDIT/VOLUNTEER INFORMATION

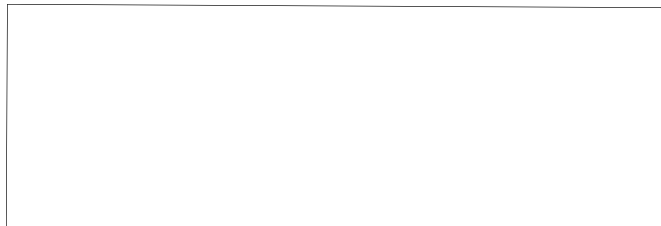
I would like to assist the MDA with the following jobs or skills:

- () Show Organizer () Hospitality at shows () Typing
() Scheduling Shows () Set Up Show Grounds () Scoring At Shows
() Gate Keeper At Shows () Scribe for Judge () Public Relations () Photography

This organization is a USDF Group Member Organization and its members are automatically USDF Group Members.



c/o Jill Blackburn
1814 Poole Road
Darlington, MD 21034



We have you in site!
www.marylanddressage.org