



**MDA
NEWSLINE**

MARYLAND DRESSAGE ASSOCIATION, INC

President's Posting
September 2008

Learning the art of dressage is a continuous journey, but I am still amazed when I have an 'eye-opening' experience, such as the one I had this year. A friend and I attended a clinic on "Connection" with Dr. Sherry Akerman. We listened attentively, and took notes, as we were exposed to Sherrie's depth of understanding of the training scale as it relates to connection. During the lecture, riders were brought in to demonstrate the use of the seat. For forty-five minutes we watched the riders follow detailed instruction as they stopped, turned, slowed down and sped up from their seat alone, with their reins lying on the horses' neck. Our brains were a bit slow to grasp this concept of connections, since we were looking for an "on the bit" type of teaching. It was one of those "duh" moments for me--my hands dominate my riding, non-triumphantly I might add. I'll blame six years of galloping race horses and a strong ability to maintain bad muscle memory for my 'bit' of a bad habit. The demonstration of true 'connection' was played out before my eyes and had a deep impact on what I thought I understood about this subject. Simply put, connection to the horse is through the seat! The seat controls the horse; the hands are a minor aid. My daily warm-up now includes using my seat to control my horse without reins. This exercise keeps Duke 'tuned to listen' and me aware of the power of my seat so that I can win the battle against my hands. Try it sometime!!

I have to say something that I can barely bring myself to face-- the end of MDA's 2008 show season is almost here! I have to face this because I must remind everyone that in order to apply for year end awards you must have earned 2 work credits between last year's Finals Show and this year's Finals Show on October 12, 2008. An FYI to new members, you simply must consider applying for MDA's year end awards. It is worth the effort. We have nice, yet practical, awards along with large 'blingy' ribbons. Applications for all the awards are in your MDA Omnibus.

We have added a new volunteer position beginning in the 2009 Schooling Show Season: 'Day Secretary'. Two members have offered to be the 'Entry Secretary' for the shows that do not have a Secretary volunteer in place by this fall. The 'Entry Secretary' will be responsible for receiving and processing entries—for these shows, we will also need a volunteer to be there on the day of the show the 'Day Secretary'. The main duties of a Day Secretary would include handing out rider packets, collecting missing items from rider entries, notifying the judge of scratches, recording and posting scores, and finishing filling out the accounting sheet. 'Day Secretaries' will receive 1 work credit. Please understand that if you wish to volunteer to be Secretary (and do the 'Entry' and 'Day' Secretary responsibilities), this position is still available. Organizers will still receive 2 work credits. However, a person could do both the 'Day Secretary' and 'Organizer' job to earn 3 work credits for a one ring show. With all this being said, MDA needs to find its Organizers and Day Secretaries and Secretaries for 2009 no later than the end of September as we must to print our Omnibus in the fall. Here is a list of just the shows and dates that currently still need an Organizer, Secretary or Day Secretary: Olney - May 16, Ships Quarters-May 23, Olney- June 7, New Covert -July 11, Liberty View- August 2, Winter Wind- August 22, Ships Quarters- Sept 20, Finals show-Oct 11. To sign up or ask questions please contact Lauren Comish at showmda@yahoo.com

Thank You and happy productive rides to one and all! Jill Blackburn



CLUB NEWS



Get Well Wishes

To Mary Butler, who broke her ankle

Sept. 6th—Petticoats Advance About to close *The entry Secretary has been changed* to Jacqueline Caldwell, 8038 Lansdale Rd., Baltimore, MD 21224

Sept. 13th—Chreglia Manor Opened Aug 1st

Sept. 21st—Ships Quarters Opened Aug 10th

Oct. 12th Finals show Opens Sept. 5th *The entry Secretary has been changed* to Judi Provencal, 40 Hoover Court, Elkton Md 21921

Calendar of Events

Sept.

9th—MDA Board Meeting Location: Centre United Meth. Church, 2409 Rocks rd Forest Hill Md 21050

13th- Stuart Pittman clinic Liberty View Farm Liberty Finksburg, MD 21048. 410-795-6769. For more info www.libertyviewfarm.net email: margot@libertyviewfarm.net

23rd thru 28th-Dressage at Devon—For more info or to purchase tickets, contact Anne Moss at 610-316-4294

October

4th & 5th **MDA will host a clinic with Janic Dulak**, author of “Pilates for the Dressage Rider” For more info and / or registration form, please contact Heather Vinson at 410-457-4342 shvinson@clearviewcatv.net or Jill at philjill@juno.com

5th—ERRI Benefit Dressage Show on Oct 5th, Judge: James Armstrong, Location: EPOCH Farm in Boring Md Entry Secretary: Tracey Hurline 5115 Sweet Air Rd Baldwin, Md 21013, for info, class list and registration forms contact Tracey 410-592-7260 sterlingh@peoplepc.com or Susan Eckert meckert@yahoo.com

13th —Get your year end applications together and mail them.

November

11— Annual Board meeting and MDA elections will be held at the November meeting. Anyone who wishes to serve MDA as a board member will need to notify Jean Bosley, the Nominating Committee Chair, at jean.bosley@phh.com before or at the October 13th board meeting.

The Mill - will put 1% of your purchase into the “MDA Fund” -To start doing this, you will need to have your name or farm name placed on this list and specify MDA as the recipient. Then every time you make a purchase give them your name and the computer will move 1% to MDA’s account. It will not be done automatically. **Thank You, \$500.00 was raised in 07.** We use this fund to buy items for the silent auction.

PATRON MEMBERS: Want to ride at MDA clinics and shows? - Patron members are supporting members only, and for insurance purposes, need to upgrade their membership to senior if they want to ride at clinics and shows. Contact Carol Foreman at (410) 592-9781, or by email to cforeman3@verison.net

NEWSLINE *We are looking for your creativity!*

Members are welcome to submit articles to be published in MDA’s Newslines. Electronic submission is preferred. MDA offers writing awards in numerous categories. All submissions for the Newslines and or MDA’s web site will automatically be judged for awards. You can learn more about MDA’s writing awards by referring to your MDA Omnibus. Please send submissions to philjill@juno.com or by mailing to the address on the back of the NEWSLINE. The NEWSLINE reserves the right to reject or edit material.

Classified ads are free to MDA members. *You can publish your ads directly on the MDA website. Go to www.marylanddressage.org and click on ‘Classified Adds’ to the left of the screen. Next click on ‘Publish a new add’ and follow the simple directions. You will need to know your membership number to publish.*

Newslines advertising rates are as follows: One full page - \$25, One half page - \$15, One quarter page \$10. These costs are for a single issue. The Ads are due on the 15th of the month prior to publishing. Please submit ads electronically. Make checks payable to Maryland Dressage Association, Inc. and mail to MDA’s Treasurer.

“This organization is a USDF Group Member Organization and its members are automatically USDF Group Members”



CONVERSATIONS WITH A VETERINARIAN

By Dr. Carol Bossone DVM

Understanding Your Role in Wound Care Management

The scenario is all too familiar to us. The day before a big event, your horse comes in from the pasture with a wound. Determining whether or not the injury needs veterinary attention, or if it can be handled at home is a crucial assessment. If you do not call a vet, do you know how to treat the wound? If the wound is serious, do you know what to do to minimize damage or complications? In either case do you know your role in your horse's recovery?

Luckily most wounds are minor, however you should remember that some wounds that appear minor (e.g. punctures) may in fact be more complicated to treat, or if mismanaged may become more problematic or serious. If your horse has sustained a very serious injury, evidenced by profuse bleeding, or shock, you should know what initial actions to take to help treat your horse. You need to know what to do initially as the "first responder". This should include the basic "ABC's": maintaining airway, breathing and cardiovascular integrity. Assuming the injury is not this severe I will discuss briefly your role in wound management. I'll start with some basic pathophysiology of wound healing and management.

Prior to any treatment, you must consider how you will control your horse and provide for your own safety. If you cannot control your horse because he intractable, in pain and anxious, then you must seek the help of others. You do not want to compound your horse's injury, or add another one (like yours!).

Wound healing is divided into phases. The first phase, inflammation, starts immediately and lasts for about 3-5 days. Whether you decide to handle the wound yourself or initiate a treatment prior your vet's arrival your best intervention at this point is to act quickly to minimize the hallmarks of inflammation which are swelling, heat, pain, and redness. Your actions should include removing any gross contamination (dirt, debris) that will not compromise or worsen the injury further. Depending on the degree of injury, and your confidence level, you can clean the wound to minimize the chance of infection which can set in immediately! The best way to clean the wound is to use a dilute solution of chlorhexidine (Nolvasan) and using an aseptic technique, clean the wound with clean supplies, sponges, gauze etc. Other options include using dilute solutions of Betadine, or mild soaps, although keep in mind that these can be somewhat damaging to healthy tissues. To minimize other signs of inflammation (pain, swelling, redness) initiate cold therapy. Although running cold water over a swollen leg is beneficial, the water itself is hypo-osmotic to tissue and can be of concern in the overall healing process. A better choice is ice wraps, ideally for about 30 minutes. At this point your next course of action will depend on the degree of injury. If the wound is large enough or its location is of concern (i.e. below the knee or hock, or around vital structures such as joints, vessels/nerves) you should have called in your veterinarian. These wounds typically require suturing, bandaging and antibiotics. If you are confident the wound is minor (very superficial) and not in a vital area (e.g. fleshy part of the body) you can treat yourself with twice daily cleanings, bandaging, and topical ointments (Furacin, bacitracin etc).

Finally, you should be aware of a few caveats to the above guidelines. First, if you have any doubts about your assessment of the wound, call your veterinarian. Also, if at any time the wound appears to deteriorate or show signs of increase pain, swelling or discharge, call your veterinarian.

Your role in your horse's care is vital as you are the "first responder" and can make the difference between a full recovery, or major complications. Make certain you are prepared for emergencies. You should have an emergency bag of first aid supplies with you wherever you go with your horse, and know how to use them. And have your veterinarian's number memorized, you never know when you may need it!

Hydration and Riding in Hot Weather

Warm weather usually means more riding time for all of us. But special consideration should be given to keeping yourself well hydrated during these hot days of summer. Dehydration caused by excessive heat is avoidable if we follow a few common sense guidelines when we ride. To understand the importance of staying hydrated, let's talk about the dangers of dehydration, followed by some common sense guidelines we can follow when we ride in excessive heat.

Our bodies function best within a very narrow temperature range. We know that riding is great exercise, and when we exercise our muscles work and generate heat. The body must get rid of that extra heat to remain within that temperature range. This is why we sweat. When the body produces sweat, heat evaporates from the skin resulting in a cooling of the body temperature. But, when we sweat, we lose both water and salt. Consequently, sweating can lead to dehydration after as little as 30 minutes of exercise, particularly in hot weather. The very early stages of dehydration do not usually cause many symptoms, beyond being thirsty. This is the first warning sign of dehydration and should not be ignored. As dehydration becomes worse, so do the symptoms which can include flushed face, extreme thirst, cessation of sweating, general weakness, dizziness, muscle cramps, headaches, sleepiness, confusion and loss of consciousness. These are also the symptoms of heat exhaustion or heat stroke which are potentially life threatening situations. If you, or a riding buddy, experience these symptoms you should seek medical attention in the nearest emergency room.

Dehydration can be prevented by following a few common sense guidelines when riding in hot weather:

- Limit riding your horse to the coolest part of the day - usually early morning or late evening.
- Wear loose fitting, lightweight, light-colored shirts. Wear light colored cotton breeches. Choose clothing made of cotton or the newer perspiration-wicking fabrics that draws perspiration away from the skin.
- Drink 2-3 glasses of water PRIOR to your ride to prevent dehydration, and take plenty of water to the riding arena to continue to drink throughout your ride. Depending on the intensity of your ride, you should drink anywhere from two to four glasses of water - or 16 to 32 ounces - every hour.
- Do not wait to feel thirsty to drink, take a drink during your walk breaks.
- Stay away from drinks that contain caffeine or lots of sugar - these actually cause increased fluid loss. Also, remember that a very cold drink may cause stomach cramps.
- Sports drinks are good to use if you will be riding, for more than an hour or so. These drinks supply salt, which is rarely as important as water. If you are lucky enough to ride several horses a day, alternate a sport drink with water to replenish lost salt through perspiration. Too many sport drinks can cause increased dehydration because of their high carbohydrate (sugar) content.
- Take frequent breaks in the shade, or if you have access to an indoor arena, use it!
- Start slowly and gradually increase the intensity of your ride. In extremely hot and humid weather, limit the intensity. What is normal on a cool day might be dangerous on a hot day.
- Wear sunscreen!! Your body will have to work overtime to keep your sunburned skin cool. And wearing sunscreen has the added benefit of decreasing your chance of skin cancer.
- Remember that the re-hydration process will continue for a few hours after you finish your ride. Continue drinking extra fluids for a few hours to insure your body gets back into balance.

Riding and hot summer weather go hand in hand for many of us. Regular riding is great exercise, with numerous health benefits and an overall sense of well being. So get in the saddle, but don't forget your water!

Susan Peterson, BSN RN



Winter Wind Farm Schooling Show

Judge Deri Jeffers (r) Aug 17, 2008

USDF Intro A Open Test 1

- 1 Hot Rod Marie Burns 74
- 2 Odins Raven Lauren Comish 64
- 3 Rich Amber Debra English 63

USDF Intro A Young Rider Test 1

- 1 Raven Anna Conetta 65.5

USDF Intro B Novice Test 1

- 1 Doctor Phil Virginia Boone 64

USDF Intro B Open Test 1

- 1 Hot Rod Marie Burns 74
- 2 Odins Raven Lauren Comish 69.5
- 3 Rich Amber Debra English 62

USDF Intro B Young Rider Test 1

- 1 Raven Anna Conetta 65

Training Level Novice Test 1

- 1 Bionic Gun Alix Day 64.3
- 2 Doctor Phil Virginia Boone 62.6
- 3 D.J. Alex Levering 62.1
- 4 Moose Jody Bayliss 58.6

Training Level Open Test 1

- 1 Mystic Sun Lauren Comish 65
- 2 Dynamic Message Jill Balckburn 56.9

Training Level Young Rider Test 1

- 1 Hot Rod Anna Conetta 66.5
- 2 Fidlin Star Anne Matthews 65.2

Training Level Novice Test 2

- 1 Bionoc Gun Alix Day 65.3
- 2 Moose Jody Bayliss 65
- 3 D.J. Alex Levering 64.6

Training Level Open Test 2

- 1 Onyx Carol Bassone 71.7
- 2 Ripley Dawn Yurkiewicz 64.2
- 3 Dynamic Message Jill Balckburn 63.2
- 4 Mystic Sun Lauren Comish 61.7

Training Level Young Rider Test 2

- 1 Fidlin Star Anne Matthews 66.7
- 2 Hot Rod Anna Conetta 65

Training Level Open Finals Qualifier Test 3

- 1 Hot Rod Anna Conetta 68 Q
- 2 Bel Sole' Toni Over 66.4
- 3 Onyx Carol Bassone 66
- 4 Logans Cloud of Dreams Jacqueline Caldwell 64.4 Q
- 5 Ripley Dawn yurkiewicz 62
- 6 My Royal Star Tammy Stigile 62

Training Level Young Rider Test 3

- 1 Ballet Recker Geri Martin 63.2
- 2 Say Casper Tammy Stigile 62.8

Training Level Open Test 4

- 1 Bel Sole' Toni Over 67
- 2 Rianna Susan Peterson 64
- 4 My Royal Star Tammy Stigile 61.6
- 5 Rivera Holly Van Sant 60.8

Training Level Young Rider Test 4

- 1 Say casper Anna Conetta 62.4
- 2 Ballet Recker Geri Martin 60.4

First Level Open Test 1

- 1 Rianna Susan Peterson 67.2
- 2 Zips Status Symbol Marilyn McFadden 64
- 3 Beiko Debra Mitchell 63.6
- 4 Rivera Holly Van Sant 62

First Level Open Test 2

- 1 Beiko Debra Mitchell 62.5
- First Level Open Finals Qualifier Test 3
- 2 Flying Colors Linda Elliott 58.5

First Level Open Test 4

- 2 Flying Colors Linda Elliott 57.8

Second Level Open Test 1

- 1 Plu Perfect Logan Mackubin 65.2

Second Level Young Rider Test 1

- 2 Royal Dream Queen Sarah Brooks 58.9

Second Level Open Test 2

- 1 Plu Perfect Logan Mackubin 64.8

Second Level Open Finals Qualifier Test 3

- 1 Air Jordan Mellisa Harlinski 60.4

Second Level Open Test 4

- 1 Air Jordan Mellisa Harlinski 64.7

High Score Senior-Onyx Carol Bossone 71.7

High Score Young rider - Hot Rod Anna Conetta 68

Liberty View Farm Schooling Show Finksburg, Md.

Judge, Peggy Pariso (r) Aug 02, 2008

USDF Intro A Novice Test 1

- 1 Brio Brenda Selby 63

USDF Intro A Open Test 1

- 1 Nutmeg Aime Morill 67.5
- 2 Double Take Chaeli Zik 63.5

USDF Intro A Young Rider Test 1

- HC Jacob's Ladder Grace Gaynor 0
- 1 Country Bumpkin Barbara Henschell 61.5

USDF Intro B Novice Test 1

- 1 Brio Brenda Selby 63
- 2 Anya Elizabeth Kuegler 60.5

USDF Intro B Open Test 1

- 1 Nutmeg Aime Morill 69.5
- 2 Double Take Chaeli Zik 61

USDF Intro B Young Rider Test 1

- 1 Country Bumpkin Barbara Henschell 64.5
- 2 Jacob's Ladder Grace Gaynor 52.5

Training Level Novice Test 1

- 1 LVF Earl Megan Applebaum 63.478
- 2 Anya Elizabeth Kuegler 59.13
- 3 Max Beth Anne Smith 55.652

Training Level Open Test 1

- 1 Verona Jennifer Littleton 66.087
- 2 Poderoso Diana Beuchert 60
- 3 Jim Chee Abigail Chapman 56.957

Training Level Young Rider Test 1

- 1 Contucci's Secret Agent Shannon Zik 63.913
- 2 Fidlin' Star Anne Matthews 58.696
- 3 Feiner Flash Elizabeth Loundas 52.174

Training Level Novice Test 2

- 1 LVF Earl Megan Applebaum 57.5
- 2 Max Beth Anne Smith 57.143

Training Level Open Test 2

- 1 Verona Jennifer Littleton 68.571
- 2 Jim Chee Abigail Chapman 64.643
- 3 Poderoso Diana Beuchert 61.429
- 4 Aces Jack Jennifer Allen 61.071

Training Level Young Rider Test 2

- 1 Contucci's Secret Agent Shannon Zik 68.929
- 2 Fidlin' Star Anne Matthews 59.286
- 3 Feiner Flash Elizabeth Loundas 55.357

Training Level Open Test 3

- HC Angel Cathy Slatterbeck 63.6
- 1 Rocky Road Catherine Humphrey 68
 - 2 Aces Jack Jennifer Allen 60
 - 3 Drama Queen Laura Parker 53.6

Training Level Open Test 4

- HC Angel Cathy Slatterbeck 64
- HC Amani Darcy Zik 58.8
- 1 Rocky Road Catherine Humphrey 65.6
 - 2 Rianna Susan Peterson 65.2
 - 3 Drama Queen Laura Parker 59.2
 - 4 Fine Arnold Fernando Noriega 59.2
 - 5 Amani Darcy Zik 51.6

First Level Open Test 1

- 1 Chase Me Shelly Caplan 66.667
- 2 Rianna Susan Peterson 64.667
- 3 Fine Arnold Fernando Noriega 63.333
- 4 Double Dutch Terri Minford 59.333

First Level Open Test 2

- 1 Chase Me Shelly Caplan 63.889

First Level Open Test 3

- 2 Noah's Anthology Kerry Wright 59.714

First Level Open Test 4

- 1 Noah's Anthology Kerry Wright 62.894

Second Level Open Test 1

- 2 Plu Perfect Logan MacKubin 58.158

Second Level Young Rider Test 1

- 2 Royal Drama Queen Sarah Brooks 57.368

Second Level Open Test 2

- 1 Plu Perfect Logan MacKubin 64.054
- 2 Fairley Ann VanderVeen 60.541

Second Level Young Rider Test 2

- 2 Royal Drama Queen Sarah Brooks 57.838

Second Level Open Test 3

- 1 Fairley Ann VanderVeen 60.233

Third Level Open Test 2

- 1 Favorite Son Holly Van Sant 61.538

High Score Senior: Jennifer Littleton 68.571

High Score Junior: Shannon Zik 68.929

New Covert Schooling Show White Hall, Md.

Judge, Marjorie Davis (r) July 12, 2008

USDF Intro A Novice Test A

- 1 Brio Brenda Selby 62
- 2 North Fork's Lord Nelson Dawn Leung 50
- 3 Murdock Judith Hofmann 50

USDF Intro A Open Test A

- 1 Fairwinds Chris Sorenson 71.5
- 2 Odin's Raven Lauren Comish 68
- 3 Hotrod Marie Burns 65
- 4 Irish Knight Lucia Penn 64.5
- 5 Amber Debra English 58
- 6 Repete Loretta Krach 53.5

USDF Intro A Young Rider Test A

- 1 Country Bumpkin Hanna Conway 59
- 2 Raven Anna Conetta 57
- 3 September Lane's Bree Mary Adele Fraiji 53.5
- 4 Country Bumpkin Barbara Herrschel 51.5

USDF Intro B Novice Test 2

- 1 Country Firefox Dawn Leung 66.5
- 2 Brio Brenda Selby 63
- 3 Doctor Phil Virginia Boone 54
- 4 North Fork's Lord Nelson Dawn Leung 51.5
- 5 Murdock Judith Hofmann 47.5

USDF Intro B Open Test 2

- 1 Amber Debra English 68.5
- 2 Odin's Raven Lauren Comish 68
- 3 Hotrod Marie Burns 65.5
- 4 Fairwinds Chris Sorenson 64.5
- 5 Irish Knight Lucia Penn 64.5
- 6 Repete Loretta Krach 50.5

USDF Intro B Young Rider Test 2

- 1 Raven Anna Conetta 67
- 2 Country Bumpkin Hanna Conway 58.5
- 3 Dragon's Liar Juste Ami Grace Leung 56.5
- 4 Country Bumpkin Barbara Herrschel 52.5
- 5 September Lane's Bree Mary Adele Fraiji 52

Training Level Novice Test 1

- 1 D.J. Alex Levering 63.043
- 2 Man Slaying Hektor Betsy Denning 60.435
- 3 Bionic Gun Alix Day 55.652
- 4 Doctor Phil Virginia Boone 53.478

Training Level Open Test 1

- 1 Onyx Carol Bossone 69.565
- 2 Nick at Night Adrian Griner 63.043
- 3 Foreign Dance Heather Vinson 61.739
- 4 Dynamic Message Jill Blackburn 54.348
- 5 Poderoso Diana Beuchert 53.913
- 6 September's Lane Rainy Melissa Ruffing 53.043

Training Level Young Rider Test 1

- 1 Fidin Star Anne Matthews 57.391
- 2 Hotrod Anna Conetta 56.956

Training Level Novice Test 2

- 1 Man Slaying Hektor Betsy Denning 60
- 2 Bionic Gun Alix Day 58.571
- 3 D.J. Alex Levering 57.143

Training Level Open Test 2

- 1 Onyx Carol Bossone 71.429
- 2 Nick at Night Adrian Griner 70.357
- 3 Poderoso Diana Beuchert 67.143
- 4 Merriwolds Esquire Susan Eckert 66.429
- 5 September Lane's Rainy Melissa Ruffing 53.214
- 6 Dynamic Message Jill Blackburn 51.429

Training Level Young Rider Test 2

- 1 Fidin Star Anne Matthews 63.571
- 2 Private Blues Andrea Townsley-Sapp 61.428
- 3 Hotrod Anna Conetta 60.714
- 4 Random Hero Catherine Miller 57.5

Training Level Open Test 3

- 1 Logan's Cloud of Dreams Jacqueline Caldwell 60.4
- 2 Finnigans Wake Mary Sue McCarthy 59.6
- 3 Feiner Flash Brianne Conway 59.2
- 4 Hotrod Anna Conetta 56.4

Training Level Young Rider Test 3

- 1 Say Casper Anna Conetta 66.4
- 2 Johnny Angel Erika Sentz 63.6
- 3 Private Blues Andrea Townsley-Sapp 56

Training Level Open Test 4

- 1 Finnegan's Wake Mary Sue McCarthy 66
- 2 Merriwolds Esquire Susan Eckert 60.8
- 3 Feiner Flash Brianne Conway 56.8
- 4 Logan's Cloud of Dreams Jacqueline Caldwell 56.8

Training Level Young Rider Test 4

- 1 Johnny Angel Erika Sentz 65.2
- 2 Say Casper Anna Conetta 62.4
- 3 Random Hero Catherine Miller 58

Training Level Musical Freestyle Open Test TOC

- 1 Random Hero Catherine Miller 81.875

First Level Open Test 1

- 1 Cole Fernando Noriega 69
- 2 Faith Leslie Kline 67.333
- 3 Personal Boy Scott Nickel 61.667

First Level Open Test 2

- 1 Personal Boy Scott Nickel 67.5
- 2 Faith Leslie Kline 64.722

First Level Young Rider Test 3

- 1 Liam Anna Schmitt 62.857

First Level Open Test 4

- 1 Cole Fernando Noriega 65.526

First Level Young Rider Test 4

- 1 Liam Anna Schmitt 65

Second Level Open Test 1

- 1 Plu Perfect Logan Mackubin 61.579

Second Level Open Test 2

- 1 Plu Perfect Logan Mackubin 62.973

Third Level Open Test 1

- 2 Favorite Son Holly VanSant 57.949

Fourth Level Open Test 1

- 2 Wendolin Kim Hanlin 57.442

High Score Senior: Carol Bossone 71.429

High Score Junior: Anna Conetta 66.4

2008 MDA Finals/Open Show Class List

Sunday October 12th

Mail Entries to Judi Provencal, 40 Hoover Ct., Elkton Md. 21921

1. USDF Intro Test A Open
2. USDF Intro Test A Young Rider
3. USDF Intro Test A Novice
4. USDF Intro Test B Open
5. USDF Intro Test B Young Rider
6. USDF Intro Test B Novice
7. Training Level Test 1 Open
8. Training Level Test 1 Young Rider
9. Training Level Test 1 Novice
10. Training Level Test 2 Open
11. Training Level Test 2 Young Rider
12. Training Level Test 2 Novice
- 13a. Training Level Test 3 Open
- 13b. Training Level Test 3 Adult Finals Championship
- 14a. Training Level Test 3 Young Rider
- 14b. Training Level Test 3 Young Rider Finals Championship
15. Training Level Test 4 Open
16. Training Level Test 4 Young Rider
17. First Level Test 1 Open
18. First Level Test 1 Young Rider
19. First Level Test 2 Open
20. First Level Test 2 Young Rider
- 21a. First Level Test 3 Open
- 21b. First Level Test 3 Adult Finals Championship
- 22a. First Level Test 3 Young Rider
- 22b. FirstAA Level Test 3 Young Rider Finals Championship
23. First Level Test 4 Open
24. First Level Test 4 Young Rider
25. Second Level Test 1 Open
26. Second Level Test 1 Young Rider
27. Second Level Test 2 Open
28. Second Level Test 2 Young Rider
- 29a. Second Level Test 3 Open
- 29b. Second Level Test 3 Adult Finals Championship
- 30a. Second Level Test 3 Young Rider
- 30b. Second Level Test 3 Young Rider Finals Championship
31. Second Level Test 4 Open
32. Second Level Test 4 Young Rider
33. Third Level TOC
34. Third Level Test 3 Finals Championship
35. Fourth Level TOC
36. Fourth Level Test 3 Finals Championship
37. FEI TOC
38. FEI Finals Championship
39. Musical Freestyle TOC Open and/or Finals Championship
40. Pas de Deux TOC Open
41. Quadrille TOC Open

7. Finals Eligibility. The rider must be a MDA member in good standing and earn two (2) work credits within the competition year. One (1) work credit must have been earned by helping at MDA shows. All work credits must be earned by the end of the Finals Show.

8. Finals Entry: a horse/rider combination must compete at the MDA Finals Competition at the highest level for which they are qualified except as allowed for Pas de Deux and Quadrille. If there is only one entry, the entry will be judged using MDA's modified Danish system. The competitor must list work credits on their entry form to be admitted to their Finals Championship Class.

9. There will be no test reading at the Finals Championships classes.

10. There will be no whips allowed at the Finals Championships classes.

11. Only the competitor will be allowed to ride the entered horse on the day of the show. Violators will be eliminated.

The complete rules for Qualifying can be found in your 2008 Omnibus on page 7.

Dressage/Pilates Clinic with Janice Dulak

October 4th and 5th

Day One

9:00 Power Point lecture on "Pilates for the Dressage Rider" ***1st hour*** FREE /Please bring your own Chair.

10:00 - 12:00 Pilates Ground Work (Phase 1) **Please bring your own Mat**

12:00 - 1:00 Lunch BRING YOUR Own lunch

1:00 - 5:00 Pilates in the Saddle (Phase 1A) (five 45 minute sessions, 3 riders per session)

Day Two

9:30 - 11:30 Pilates Ground Work (Phase 2) Members and None members--Please bring your own Mat

12:00 - 1:00 Lunch Bring your own Lunch

1:00 - 5:00 Pilates in the Saddle (Phase 1A) (five 45 minute sessions, 3 riders per session)

UNMOUNTED—Participate in Pilates Ground Work & Audit mounted sessions. Members and None members--Per day fee--Free w/ work credit or 15.00 without W.C. Please bring your own Mat.

Mounted --The is a two day clinic. A rider must take day one to participate in day two.

For the whole clinic--Members who have volunteered in the calendar year, \$40.00.

For Members who have not volunteered--\$80.00.

For non MDA members \$120.00.

Pilates for Dressage

Phase 1—Pilates Ground Work —Introduces the Powerhouse and “wrap” of the Pilates method, which will directly relate to posture and position/seat on the horse. Specifically chosen Pilates mat exercises will be worked on to find the “in and up” of the stomach, the “squeeze and scoop” of the bottom and the “wrap” of the legs. The articulation of the spine required of many Pilates exercises will introduce the rider to the “feel” for the horse’s ability to lengthen and collect the spine with engagement. Emphasis is on the basic concepts and exercises of Pilates and how they will be relative to riding dressage.

Phase 1A— Pilates in the Saddle— Pilates in the Saddle explores using the exercises and body control taught in Phase 1 to inform and correct posture and position/seat while mounted. The use of the “stomach in and up” will teach riders how to use the Pilates musculature for half-halts, stopping and eventually, backing a horse. The use of the “squeeze and scoop” combined with “wrap” of the leg will inform the rider how to use their seat effectively for proper dressage position, opening the hip angle to create a longer leg and deeper seat, as well as upward transitions. Work will be done mostly at the walk and trot. Participants must enroll in Phase 1 to be eligible to enroll in Phase 1A.

Phase 2— Pilates Ground Work Reviews and deepens the work of Phase 1 for further consideration in posting and sitting trot. This session introduces more Pilates exercises, which involve bending and twisting to begin the concept of stabilizing the core and seat while using the upper body for circling and turning. Participants must have completed Phase 1 to enroll in this session.

Phase 2A —Pilates in the Saddle —This session continues Phase 1A with exploration both at the walk and at the trot. The rising and sitting trot will be addressed in relation to the use of the “wrap” of the leg to keep the hip angle open during trot work and the use of the “scoop” for deepening the seat for sitting trot. This phase begins exploring the use of the musculature learned in Pilates Ground Work 2 to stabilize the core and seat while using the upper body. Participants must have completed Phase 1 and 1A and Phase 2 to be eligible to enroll in Phase 2A.

Janice’s web site is
www.pilatesfordressage.com

REGISTRATION FORM AND Hold Harmless is the next page

Janice Dulak
October 4th and 5th 2008

PLEASE FILL OUT THIS FORM AND MAIL TO THE CLINIC ORGANIZER.

Rider's Name _____ MDA
Membership # _____ Horses Name _____ Level _____

Auditor's Name _____ Auditors must sign release below.

Day/s you wish to Audit Saturday _____ and/or Sunday _____

Include: this form filled out and signed, a Copy of current negative Coggins and check (refer to above on payment).

Release: Signature required Copy of negative Coggins Test are required. No refund unless a replacement ride is found from the waiting list, or Doctor's Note or Vet Certificate dated within 7 days of clinic date is received AND you notified the clinic organizer of your scratch. **Auditors and or Rider Signature and/or Parent/**

Guardian of Young Rider Signature if under

21 _____

I/we recognize that there is an inherent risk of danger, serious injury, or death related to participating in activities involving horses and riding and or observing at any Clinic . In consideration of MDA, Inc, accepting our application to participate in this clinic, we hereby agree to assume all risks associated therewith and do hereby release and agree to indemnify and hold harmless MDA, Inc, its agents, servants, and employees for all causes of action, including negligent acts or omissions, which may accrue as a result of any damage or injury that shall occur to any rider, horse, spectator, visitor, property, or equipment.

MDA Officers

President

Jill Blackburn
1814 Poole Road
Darlington, Md 21034
410-836-3559
philjll@juno.com

Sr. Vice President

Brenda Rice
2023 S. Fountain Green Rd.
Bel Air, MD 21015
410- 836-2109
Grandprixric@comcast.net

Treasurer

Elaine Wilterdink
824 Conowingo Road
Quarryville, PA 19566
717- 548-3891
Elainewilterdink@hotmail.com

Recording Secretary

Patti McCandless
P.O. Box 217
Fawn Grove, PA 17321
717-382-4108
Fawn217@earthlink.com

Corresponding Scty

Linda Elliott
14112 Baldwin Mill Rd.
Baldwin, Md 21013
(410) 592-2919
Lelliott@avcard.com

Jr/Young Rider VP

Erica Degele
2339 Castleton Rd.
(443-286-9384
jumping2success@hotmail.com

Margaret Scarff
4406 Carico Lane
White Hall, MD 21161
410- 557-0314/692-6921
mdanews@aol.com

Linda Seybold
3362 Level Rd
Churchville, Md. 21028
410-734-4484
Lseybold@aol.com

Susan Fradel
1420 Thomas Run Road
Bel Air, MD21015
410)-734-9235
Susan.Fradel@med.va.gov

Ann Lyons
614 Calvary Road
Churchville, MD 21028
410- 836-2263
thelyonsfarm@hotmail.com

Committee Members

Auditing

Sue van Norman

Awards

Mary Butler
(410)-239-6109

Banquet

Janet Knox
(410)-665-2640

Clinics/programs

Chair-Jill Blackburn
Committee members

Anne Lyons

Tina Lortz

Lita Hughes

Financial

Elaine Wilterdink

Historical

Kathy Plummer

Horse Expo

Carol Bossone

Hospitality

Open

J.B.B. scholarship Chair

Margaret Scarff

Job Descriptions

Linda Elliott

Maryland Horse Council*

President

Membership

Carol Foreman
(410)-592-9781
cforeman3@verison.net

Merchandise

Melissa Harlinski
(443)-690-2525

National Liaison AHSA & USDF*

President

Newsline

Jill Blackburn
Judi Provencal
(410)392-5039
jlp@udel.edu

Nominating*

Property

Jill Blackburn
Linda Seybold
(410)-734-4484

Omnibus

Susan Fradel & Board

Public Relations

Paula Bollinger
443-804-7633

Recognized Show

Jill Blackburn

Scholarships

Tina Lortz

Schooling Shows

Chair—Kathy Plummer
410-273-6645

Committee members

Linda Seybold ribbons/
tests/ring

Jill Blackburn

Sec./Org. packets

Silent Auction

Elaine Wilterdink

Web Committee

Linda Elliott

Work Credits

Jean Bosley
(410)-628-7972

Writing Awards

Linda Elliott

Maryland Dressage Association 2008 Membership Form

Please print clearly

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIPCODE _____

PHONE _____ E-MAIL _____

() Check if changes have occurred () Check if new member

Horse/Rider combination/s that may be shown this year under this membership:

Individual MEMBERSHIP, please check off

___ Senior \$35.00 _____ Lifetime \$375.00

___ Junior \$30.00 (Include Birthdate _____) ___ Supporting Member \$17.00**

Supporting Members do not receive USDF Magazine

___ Family \$35.00 for Primary and \$17 for each additional person (will be considered as Supporting members).

Please include birthdate for all members 21 yrs. and under:

Primary Family Member please fill out information at top.

List additional family, include birthdate if 21 years of age and under. Rider Supporter.

**Supporting members are supporting members only, and for insurance purposes need to upgrade their membership if they want to ride at clinics and shows.

Membership Fee includes dues for Group Membership in the United States Dressage Federation. If you are already a member, request your refund directly from the USDF.

Note: It is the members responsibility to notify Carol Forman of any changes to address, Phone number and e-mail. Please notify Jill Blackburn of any changes to Email address. Email is the best way to stay informed.

Please make checks payable to MDA, INC. and mail to: **Carol Foreman 6712 Lewis Road Baldwin, Md. 21013**

1. Membership year for MDA runs from January 1 to December 31.
2. USDF Group membership year runs from December 1 to November 30 of each year.
3. In order to compensate MDA members who renew their membership after October 1st, membership received after this date will be considered renewed for the 2009 Maryland Dressage Association year. When you join MDA you will become a Group Member of the USDF. Please plan a head and allow 6 to 8 weeks for your membership application to process from MDA to USDF. Also be aware that USDF will not let GMO's send them new memberships rosters after Sept 1 and before Nov 30th.

WORK CREDIT/VOLUNTEER INFORMATION

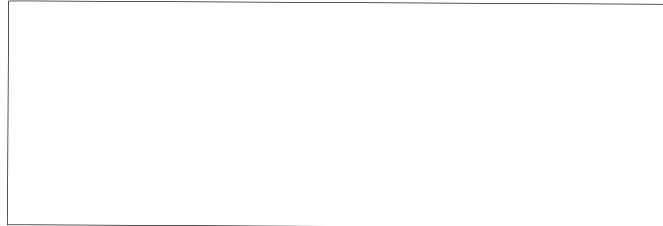
I would like to assist the MDA with the following jobs or skills:

- | | | |
|--------------------------|--------------------------|--------------------------------------|
| () Show Organizer | () Hospitality at shows | () Typing |
| () Scheduling Shows | () Set Up Show Grounds | () Scoring At Shows |
| () Gate Keeper At Shows | () Scribe for Judge | () Public Relations () Photography |

This organization is a USDF Group Member Organization and its members are automatically USDF Group Members.



c/o Jill B lackburn
1814 Poole Road
Darlington, MD 21034



We have you in site!
www.marylanddressage.org